











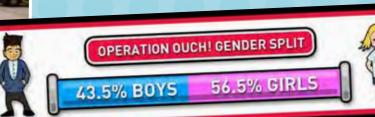


Do try this at Home! (Body Tricks)



Body Facts













Series 1, Episode 1

Dr Ronx

The Doctors experiment on their muscles to show they work! Dr Chris meets some wriggly maggots that are helping to heal a sore foot and Dr Xand goes on-call with an emergency ambulance team. Meanwhile over in accident and emergency one patient has some grit in his head after a fall in the playground and another has injured his neck after performing a karate kick...

Series 3, Episode 8

The Doctors get competitive in a race to reveal what happens when blood vessels get blocked, Dr Xand goes for some physiotherapy, and Dr Chris is out with the emergency services helping a man with chest pain. Meanwhile in Accident & Emergency, one patient has hurt his neck playing rugby, and another has cut his head being a superhero...

Series 4, Episode 1

The Doctors reveal the surprising secret behind the speed of your nerves, Dr Xand finds out what happens if you don't wash your hands and the twins head out onto the street to test out a mindbending trick that reveals how you can make your favourite cake look bigger than it is. Meanwhile, the 'Ouch-Mobile' is opening its doors for more medical mysteries, and in Accident & Emergency one patient has a sweet stuck up their nose, and another has an ear that's swelling fast.

Series 6, Episode 10

The Doctors reveal how your skull protects your brain, and they find out what it's like to be the hospital hairdresser when they're faced with cutting real people's hair in Operation Takeover. Dr Chris heads into the woods in search of one of the deadliest creatures on earth and there are more medical questions to be answered in Ouch and About On Call. Meanwhile in Accident & Emergency one patient has a sore eye, and another heads to surgery to repair a badly broken wrist.

Series 7, Episode 1

There's a big bang in the lab as the doctors show how genes make you who you are, and a new doctor joins the team! Find out more about her as Dr Ronx takes us behind the scenes of Homerton Hospital where she works as a doctor in the Emergency Room. Meet two brand new Ouch Patients and find out how to make a hole in your hand with a new body trick to try at home. Meanwhile in the Emergency Department Jay's got a double break in his leg, and Hadi's cut his hand.

Specials

- Operation Ouch! Goes Back in Time
- Mental Health
- Alcohol
- The Ouch Awards
- The Life Fix
- Puberty
- Obesity
- Virus Alert
- Ouchtastic (Skeleton, Digestion, Ears, Eyes, Teeth)
- How Babies are Made
- Operation Ouch! Totally Gross
- Operation Ouch! Does Space
- Cancer



OPERATION→

enjoyed this flagship show on CBBC since it began in 2012. Real life twin doctors, Chris and Xand. amaze entertain kids aged 7-11 years with astonishing facts about and answer their questions. the human body and how it

Boys and girls alike have mends itself. Real life accidents, animated stories and diagrams, body tricks, experiments and consultations all contribute to helping children get over their fears

































Short form spin-off

Dr Chris & Dr Xand have brought their lab into Xand's kitchen! In each episode, the doctors show you an experiment to try at home, from making bones bendy to creating snot rockets. Explore the fascinating world of biology, showing all the gross and awesome things the human body can do.





Sample Synopses

Episode - Taste

The doctors look at your sense of taste and show you how to put your taste buds to the test!

Episode - Mucus

In this episode we look at mucus, and show you an experiment to test the power of snot.

Episode - Poo

Dr Chris & Dr Xand show you the importance of a good healthy poo in today's experiment..

Episode - Bacteria

Dr Chris & Dr Xand look at bacteria, and show you an experiment to make your own fart machine.

Episode - Lungs

The doctors look at lungs and show you a trick to measure how much air your lungs can hold!

Episode - Eyes

Watch this experiment to find your blind spot!



























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